

PRE-HOSPITAL TRAUMA TRAINING

RESPONDER-1

A REFUGE MEDICAL TRAINING COURSE

RAISE YOUR RESPONSE

3-5 MINUTES

UNTIL A MAJOR ARTERIAL BLEED BECOMES FATAL

100%

YOU ARE PRESENT AT 100% OF YOUR OWN EMERGENCIES

S-MARCH-E FRAMEWORK

- S** **Scene Safety**
Protect yourself first
- M** **Massive Hemorrhage**
Stop the bleed immediately
- A** **Airway**
Establish & maintain
- R** **Respiratory**
Assess & treat
- C** **Circulation**
Manage shock
- H** **Head Injury**
Identify & protect
- E** **Evaluation**
Reassess continuously

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ironoakaviation.com/medical-training

DELIVERED BY



CERTIFICATE ISSUED THROUGH

REFUGE

MEDICAL TRAINING

YOU DON'T RISE TO THE OCCASION — YOU FALL TO YOUR LEVEL OF TRAINING.

Training built for the real world.



GROUNDED IN

RECOGNIZED TRAUMA DOCTRINE

TCCC | TECC | COTCCC GUIDANCE | ACS TRAUMA STANDARDS | STOP THE BLEED®

This is not abstract theory. RESPONDER-1 is practical, field-applied trauma care — "dirt medicine" performed wherever you are.

OUTCOMES

WHAT YOU'LL BE ABLE TO DO

- Secure the scene before rendering aid
- Apply a CoTCCC tourniquet to self or partner
- Identify & treat extremity, junctional, and torso bleeding
- Perform effective wound packing
- Apply and monitor chest seals

OPERATIONAL CAPABILITY

BEYOND COMPLIANCE

OHS First Aid satisfies regulation. RESPONDER-1 builds real capability for:

- Catastrophic bleeding & penetrating trauma
- Motor vehicle collisions
- Remote or delayed EMS response
- High-risk operational environments

Strengthens duty of care, operational resilience, and risk mitigation.

RESPONDER READINESS

SELF-CARE & CONTROL

You protect others best when you remain capable and calm.

- PERSONAL PROTECTION
- THREAT AWARENESS
- COMPOSURE UNDER STRESS
- POST-INCIDENT RECOVERY

COURSE FORMAT

SCENARIO-BASED

Instructor-led. Hands-on scenarios. Reps and sets for muscle memory.

4 HOURS OF HANDS-ON INSTRUCTION

PROTECT. CONTROL. STABILIZE.

Transfer care. Become a time multiplier.

01 TRAIN > 02 RESPOND > 03 PREVAIL

PREPAREDNESS IS TRAINED